

## WAYS OF COOKING CABBAGE.

### Succulent Vegetable Need Not Always Be Served Boiled.

Although cabbage has often been called the poor man's vegetable, many appetizing and attractive dishes can be made from it. We give several good recipes:

An unusually good salad was recently served at a luncheon. The inside of a good-sized cabbage was cut out, and the space filled with a mixture of chopped celery, cucumbers and peppers dressed with oil and vinegar, and well seasoned. The top of the cabbage was replaced after the filling was put in, and the head was then placed on a plate in front of the hostess, who did the serving. The guests wondered if they beheld another mysterious Jack Horner pie.

Another way to use a head of cabbage is to follow the same plan, only filling the hole with finely chopped meat, a little onion, and bread crumbs. Bake until tender and then cut in slices and serve with a cream sauce. This makes a very good luncheon dish or an entree at dinner.

Fried cabbage is particularly good at this time of year. First boil the cabbage until tender, and when cold cut into small pieces. Cut some slices of bacon into strips and put them in the frying pan. When they have commenced to cook, and the bottom of the pan is well greased, add the cabbage and fry until a light brown. Season with salt and pepper.

For creamed cabbage, boil the cabbage tender, drain off the water and put into the pot with a large teaspoonful of flour, a tablespoonful of butter, a little salt, and half a cupful of milk. Cook, stirring, until the sauce is smooth.

## HOW TO WASH A SWEATER.

### Garment Can Be Cleaned Without Causing Loss of Shape.

In summer a girl's sweater is her most important as well as her most useful garment. If her shirt waists are badly made or shoes shabby that is a minor consideration, but her sweater must be immaculate and up to date. Every girl likes to wear nothing but white during the outing season, and great is her disgust when her mother insists upon her having a gray sweater for economy's sake in the firm belief that the darker shade keeps clean longer and that all woolen goods are impossible to wash.

If proper care is taken sweaters can be washed all the time without hurting their shade and color. Fill a large bowl or basin with warm water and soapuds, add a teaspoonful of powdered borax to keep the wool from becoming hard and stiff. If the sweater is white put a little blueing in the water every time it is rinsed. This will prevent it from turning a deep ivory, as all white wool materials are apt to do.

After washing wring out, then pin to a large bed pillow. Be sure not to stretch the sweater or it will lose its shape.

## Unrivalled Pudding.

Beat half a pound of butter to a cream, stir in the yolks of six eggs, six ounces of sugar, half a pound of raisins, add the whites of the eggs beaten to a foam. Line a buttered mold with slices of citron, blanched almonds, candied orange and lemons or other fruit. Flavor the mixture with vanilla and angelica and pour in the mold; cover with a sauce made of lemon, butter and sugar.

## Orange Baskets.

Cut out piece of each side of orange cup, leaving a strip for handle over top; take out the pulp, mix with chopped pineapple, a sprinkling of blanched almonds, three candied cherries to each orange, sweeten to taste, fill shells, put on spoonful of whipped cream. Pierce a hole through the handle and run stems of two or three violets with a small spray of fern through each handle.

## Soporific Discourse.

The elder's wife was seriously ill, and the doctor advised rest and quiet. But the lady was very devoted to church work, and worried herself into hysteria because she could not attend services and hear her favorite pastor preach.

"She must not leave the house," warned the doctor, "but you can easily arrange to have her hear the sermon by telephone."

The elder grasped the suggestion and made the necessary arrangements for transmitting the sermons into his wife's room.

At noon on the Sabbath the doctor called and asked: "How did it work?"

"Fine," declared the elder, rubbing his hands gleefully, "ten minutes after the sermon began she fell sound asleep."

## BUYING PAINT BLINDLY.

Many people look upon paint buying as a lottery and so it is, the way they do it. It is not necessarily so, however. Pure White Lead and linseed oil are the essential elements of good paint. Adulterants in white lead can be easily found by the use of a blowpipe. Adulterations in linseed oil can be detected with a fair degree of certainty. See that these two elements are pure and properly put on and the paint will stay put.

National Lead Company, Woodbridge, Building, New York City, will send a blowpipe outfit and instructions for testing both white lead and linseed oil, on request.

## Insect Chemists.

Falling to bite sugar from several jumps, some marked bees under observation of Gaston Bonnier, a French naturalist, flew away, returning in an hour or two with other workers, after first visiting a fountain. Settling on the sugar, they were seen to pump water from their crops, when they sucked up the syrup so formed.

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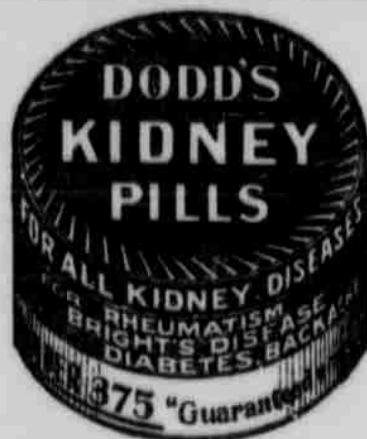
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